

# OFSC NEWS

OCTOBER 2015

## IMPORTANT EVENTS



October 6 – CanSkate starts

October 12 – Happy Thanksgiving

October 14 – Off-Ice Fitness for StarSkaters – FREE SESSION

October 18 – NO ICE –Girls Hockey Tournament

October 19 – Dance Coaching with Marc-Andre

October 19, 21 – Off-Ice Fitness 5:00-7:00 pm

October 26, 28 – Off-Ice Fitness 5:00-7:00 pm

October 27 – Halloween Spirit Day –Wear your costume to CanSkate

October 29 – Halloween Spirit Day – Wear your costume to CanSkate

October 31 – Happy Hallowe'en

*Welcome to a new season of skating at the Orono Figure Skating Club.*

*It has been a busy summer for the Board of Directors and coaches as we prepared to provide quality ice skating programs for our CanSkaters and our StarSkaters.*

*We pride ourselves in providing a quality skating experience for all our skaters. During CanSkate sessions we always have a club table set up outside our office. Communication is an important part of our role as Board members of the club. Monthly newsletters, like this one, are one of the ways we share important information, special events and skater successes. In addition we have our club bulletin board and we send out regular emails about club happenings.*

*Drop by the table or office, check out our club board and check your emails regularly.*

*Happy Skating!*

## CONGRATULATIONS TO AUTUMNSKATE COMPETITORS

*The Club is very proud of the “personal best” efforts of Madison Brachvogel and Destyni Jeffrey at the AutumnSkate competitive event held in the Ottawa area last weekend. This was the first of a number of events that our competitive skaters will be participating in and we look forward to more great results. Based on their results, all the hard work over the summer months paid off.*



## CELEBRATING YOUR SKATER'S ACCOMPLISHMENTS

**As your skater progresses through the skills and Stages of the CanSkate program, we want to reward them for their accomplishments.**

**As part of the CanSkate program, every 4 weeks coaches will assess skaters on the skills they have been working on during their regular sessions to determine their level of mastery. If a skater has managed to master a complete set of skills they will receive a ribbon recognizing that skill area (Control, Balance, Agility). Once a skater has mastered all three skill areas, they will receive a badge for completing the Stage and then move to the next stage in the program. The CanSkate program begins with a Pre-CanSkate stage and the final stage is Stage 6.**

**Ribbons and badges will be handed to skaters when they arrive at the rink for their next skate. Their name will be included in the next monthly newsletter.**

## OUR OFSC COACHES

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The Orono Figure Skating Club takes great pride in the professional coaches that we have working to support our skating programs. Collectively they bring many years of skating expertise to the rink. All, former skaters themselves, they bring an obvious love of the sport of ice skating and an enthusiasm that is infectious.

Our returning coaching staff for the 2015-16 season is: Melissa Colville, Lindsay Johnston, Sandra Madore. We are pleased to welcome Ann Gouin, Monique Mara, Sarah Pogue and Samantha Leitch to our coaching staff. Our coaches are approachable and look forward to discussing your

child's skating progress as the season moves forward. For Star Level 1-4 skaters who are looking to include private coaching as part of their skating experience, drop by the office and we will provide you with contact information for our coaches.